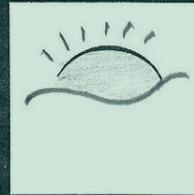
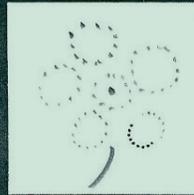
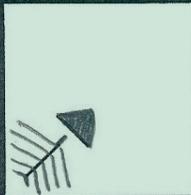


## 2015

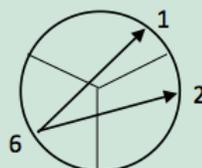
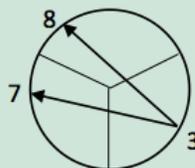
### Graziella Pettinati

*The Wartegg Test in a Nut Shell*



### Marcel Elfers

*Behavioral Pathways through Written Communication*



### Roger Rubin

*Continuity and Form in Handwriting*

*Understanding Compatibility Using Handwriting Analysis*



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# 2015 CONFERENCE PRESENTATION

March 14

## Graziella Pettinati

*The Wartegg Test in a Nut Shell*

**Graziella Pettinati**, a leading Canadian graphologist and handwriting identification expert, Graziella's many distinctions include her work as the former Executive Co-director of the International Graphological Colloquium and graphology instructor at Campus Notre-Dame-de Foy. She is also the author of three books, including *Le plaisir de bien écrire* (The Pleasure of Writing Well), and currently lectures in schools on how to reintroduce cursive writing in first grade (interestingly, Canada stopped teaching cursive in the 1970s). Much of her work involves the examination of questioned documents, and she is, in addition, an expert in children's writings, graphological assessment, and the Wartegg, Umbrella, and Tree tests.

While **The Wartegg's Test** is practically unknown in Anglo-Saxon countries, it is widely used in Latin America, Finland, Italy and German-speaking countries.

A peculiar feature of Wartegg's test is that, in contrast with its popularity, a lack of research exists concerning the test. The validity of the Wartegg's test has been questioned because few validity studies exist and the results of those that have been conducted are inconclusive.

In this test, each square is blank except for a small sign, such as a dot or a line that is given as the starting point of drawing. For example, a dot is located in the center of square 1. Subjects are instructed to complete the eight drawings, incorporating the given sign into the drawing. Like other projective drawing tests, the Wartegg test is based on the assumption that the content and the qualitative aspects of the drawings reflect the personality of the person drawing.

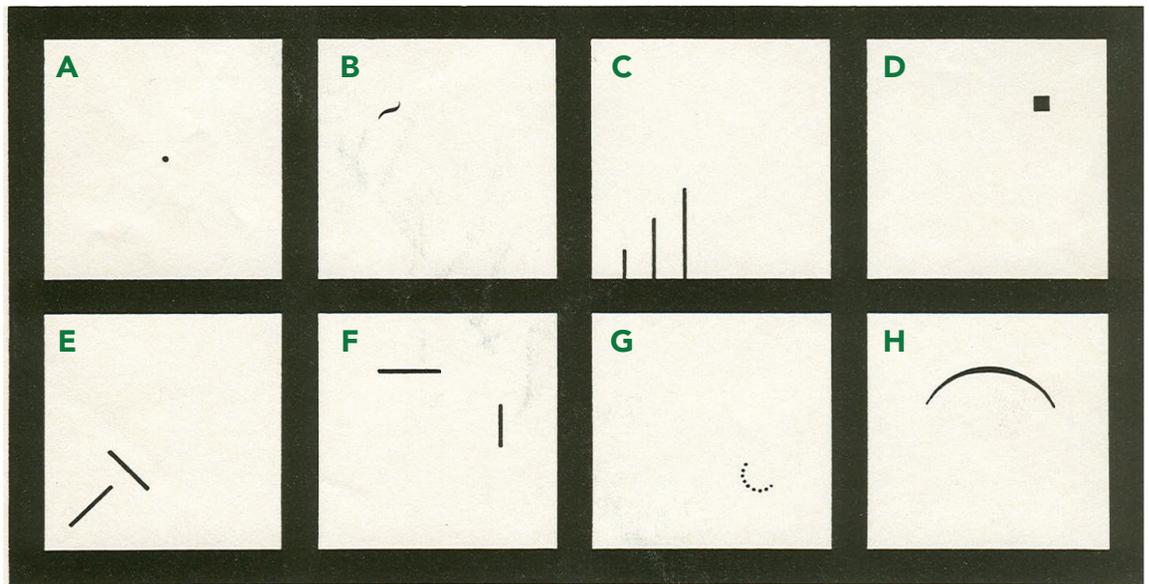
The sized test form has eight white, 4cm x 4cm squares in two rows on a black background.

Subjects are also given room to briefly describe their drawings in each square.



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**Graziella  
Pettinati**  
(continued)



**Figure 1: The Wartegg Test**

### 1. The Eight Fields and Their Meanings

**Field A:** Self, ego, concentration, origin, identity, self-image

**Field B:** Flexibility, movement in society, liveliness, emotional release (outward expression of emotions)

**Field C:** Systematic achievement, ambition, enthusiasm, goal-directedness, persistence and conversely, a lack of orientation towards goals and achievement

**Field D:** The "problem" or difficulty, hardship, burden – the problematic sphere and manner of its management

**Field E:** Tension, aggression, opposition, accomplishment, fulfillment or drives

**Field F:** Integration; partiality vs. completion. Isolation/separateness vs connectedness /closeness

**Field G:** Tenderness, sensitivity, delicacy, sociability. Shows how expressed, repressed, sublimated or open to influence

**Field H:** Protection. Shows where and how the subject feels protected and how he defends himself

### 2. Combination of Fields

Some fields can be evaluated together.

**Fields A and H:** Self-Image

Self-esteem and security are connected and frequently dependent on whether or not the symbiotic union with the mother was successful. A disturbance in the early development of the child can be the cause of a disturbed ego and feelings of vulnerability in later life.

### **Graziella Pettinati** *(continued)*

#### **Fields B and G: Sociability**

Field B, emotions and ability to socialize, and Field G, sensitivity, are combined to indicate reaction towards others and sometimes the opposite sex.

#### **Fields C and E: Achievement**

The interrelationship between ambition and tension/aggression, Fields C and E, can indicate ability and productivity, work and achievement.

#### **Fields D and F: Generalized Attitude**

The greater the "problem" or "difficulty in life", the more it calls for an integrated world perspective.

These two fields, Field D and F, in combination, give hints as to the generalized attitude towards the world.

### **3. The Content**

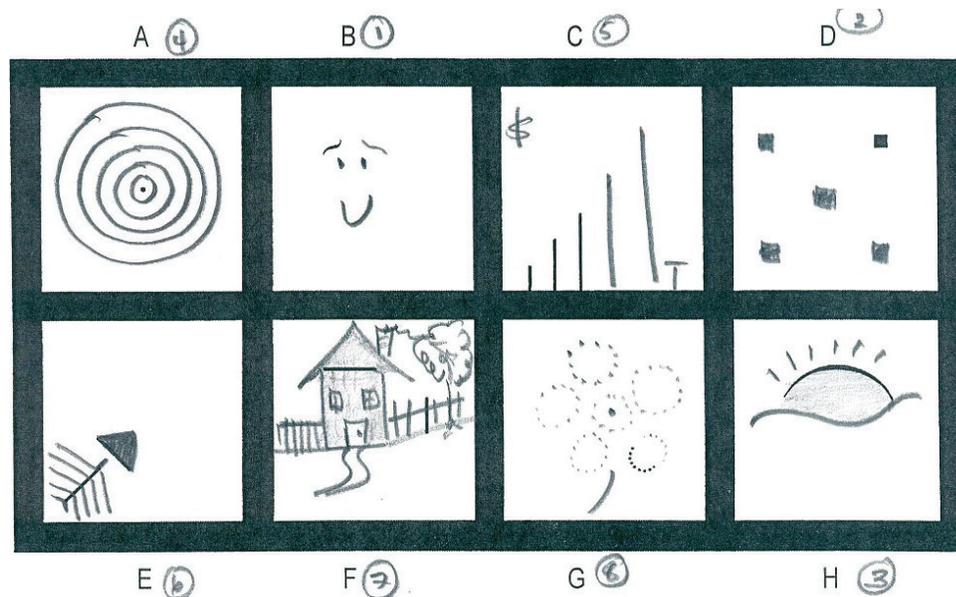
- **Scribblings:** in general it reflects inadequate sensitivity to the appeal and indifference to the task which the person faces; possible problems socializing because he doesn't try to satisfy reasonable standards.
  - Heavy pressure + dominance of angles = tension, aggression, hostility, problems with interpersonal relationships
  - Soft pressure + dominance of curves = more control over feelings
- **Abstractions:** in general it reflects a tendency to avoid life tasks, interpersonal communication problems, especially as a consequence of strong personal opinions held about matters, and there is no attempt to understand the other's point of view.
- Pictures animate nature (person and animals) = identification with the world, adequate actualization of intelligence
- Predominance of human figures = potential for identifying with others; readiness to participate in interpersonal relationships; strives to be accepted
- Animal figures predominate = problems with interpersonal relationships
- Inanimate nature (foliage, landscapes) = disposed to and interested in practical matters and a sense of reality
- Exclusively objects = unfavorable, unilateral relationship with things at the cost of communicating with others
- Atmosphere = possible good humor; indulgent; dreaminess

**Symbolism (reproduction of values, ideas, e.g. emblems, a cross, flags)** = an indication of the values, beliefs and goals. 1 or 2 can indicate good abilities, but more refer to orientation problems.

#### **Overall picture: equilibrium (Figure 2)**

- Good balance between lines and curves
- Good utilization of space
- Good solutions for each field (respect of the stimulus)
- Balance between geometrical and natural drawings

**Graziella Pettinati**  
(continued)



**Figure 2: Subject A woman, 47 lawyer, right-handed**

**Field A:** Good self-image, she is the center and at the same time at equal distance from the others

**Field B:** Not well defined expression of emotions (absence of the contour of the face)

**Field C:** Ambition to earn more money

**Field D:** Gambling could be seen as a problem

**Field E:** Aggression is expressed with no aim, drives to achieve (arrow towards the upper right)

**Field F:** Importance of the family for self-preservation and integrity. Good balance with isolation (fence) and openness (door, windows)

**Field G:** Expression of delicacy, tenderness, sensitivity

**Field H:** Good sense of protection (being protected by the universe)

**Wartegg Figure 3 on next page**

**Overall picture: difficulties**

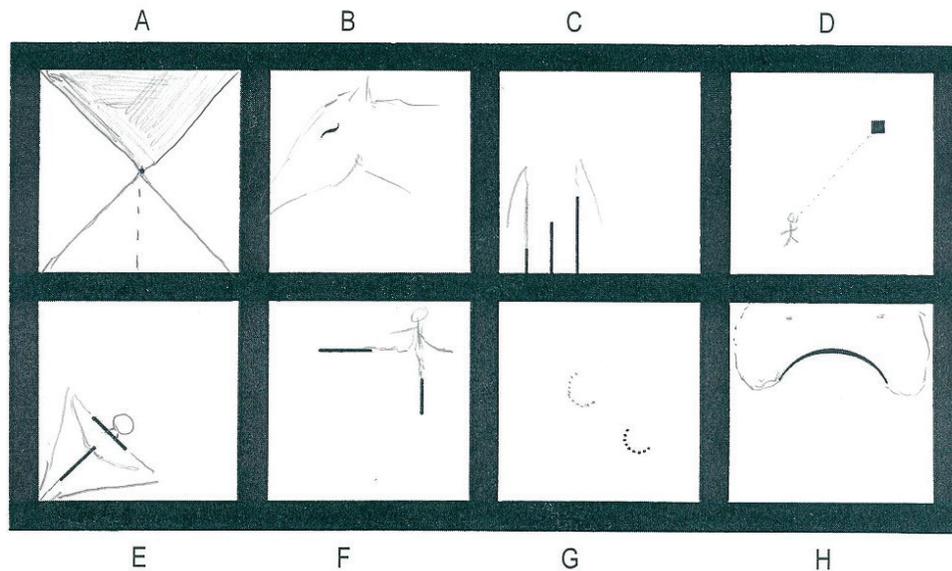
- Very low pressure
- Anxiety
- Difficulty to connect (a lot of broken strokes)
- Possibility of having been abused as a child (field A, C, D, E, F and H)

**Field A:** Difficulty seeing the light at the end of the tunnel, not a good self-image

**Field B:** Difficulty seeing emotions (eye is closed and face is looking at the past to the left)

**Field C:** Not a good solution for this stimulus. Body with no head, no hands, importance of the legs being tied together

**Graziella Pettinati**  
*(continued)*



**Figure 3: Subject B man, 48, accountant left-handed**

**Field D:** Disconnection between the child and the kite

**Field E:** Difficulty expressing aggression, prefers to be at a distance to look over the situation

**Field F:** His integrity has been broken (discontinuous stroke between the legs of the ballerina)

**Field G:** Expression of delicacy, tenderness, sensitivity, again the eyes are closed

**Field H:** Fear, not a good sense of protection

The balance between black and white, curves and angles corresponds to her Wartegg test. The ascending lines reveal the confidence and enthusiasm (boxes A and C) while the quality of the stroke reveals the sensuality and sensitivity (boxes F and H). The connections between the letters, sometimes present, absent or combined, show her ease or difficulty to make connections with people (boxes B and G). Finally, pressure and angles reveal her energy and ability to analyze rather than a need to attack to defend herself (boxes D and E).

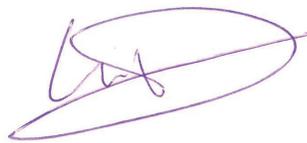
It is very interesting to see how the writing and the drawings expressed differently the anxiety and anguish expressed in the Wartegg test. While the drawings are done with light pressure and discontinuous lines, the writing is rather tense and very aggressive (angles, sharp endings). They are expressed differently. While the drawings express fragility, the writing reveals the need to protect his integrity with aggressive defense mechanisms.

**Graziella  
Pettinati**  
(continued)

facile, bien plus facile. Que découvrirez-vous?  
Je constate qu'il y a de la couleur, et je  
pense que ça me ressemble. J'ai sorti mon  
"kit" FABER-CASTELL et mon égoïnoie ...  
et pour quelques instants, je me suis  
fait à croire que j'étais une artiste.  
C'est avec un peu de gêne que je  
te laisse mes "devoirs" ...

Au plaisir de te lire et de t'écouter  
me raconter une histoire ... la  
mienne,

Salutations



**Handwriting of subject A**

**Graziella  
Pettinati**  
(continued)

Chère amie,

Idée

Je perds quelques minutes de mon temps et du tien pour partager avec toi quelques réflexions qui m'apparaissent capitales en cette époque en ce monde.

Après avoir expérimenté depuis quelques années le monde du travail en tant que stagiaire, puis permanent, puis gestionnaire et associé propriétaire, je réalise que la vie au travail est intimement liée à elle hors des murs du bureau. Les défis, les forces et les points à améliorer nous arrivent, tant en carrière qu'à la maison, en famille et avec les amis et les concitoyens, à évoluer sans limitation au contexte. Les apprentissages personnels en famille nous servent avec les collègues et vice-versa.

La vie nous amène ce dont nous avons besoin, qu'on le veuille ou non, et c'est notre attitude face à ces joies/peines/satisfactions/déceptions/frustrations/difficultés qui fera toute la différence. Voilà autant d'opportunités d'apprentissage pour chacun de nous. Ce qui m'échappe chez l'autre me renvoie à moi-même. Finalement, le plus grand défi se trouve ici, maintenant : à l'intérieur de moi, en moi.

**Handwriting of subject B**

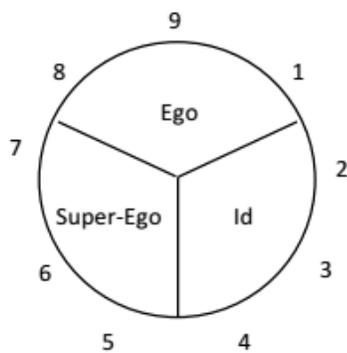
# 2015 CONFERENCE PRESENTATION

May 16

**Marcel Elfers**

*Behavioral Pathways through Written Communication*

Marcel Elfers joined us from Seattle, Washington where he is a profiler of written communication. He explained Behavioral Pathways through the lens of the Enneagram, which is a dynamic personality model with three perspectives resulting in nine types, each with distinct behavioral patterns. We constantly reveal our motivation in what we say and in our behaviors, including handwriting. Marcel linked the Enneagram personality types, statement analysis, and handwriting analysis to come to a comprehensive personality profile. Our perspective and development of behavioral and coping styles have consistent, distinct and recognizable patterns. Marcel calls this progression "behavioral pathways... people write the way they behave, and say exactly what they mean." The following is synthesized from a longer article by Marcel Elfer summarizing his presentation.



**Enneagram**

We all favor one of three responses to get what we want, known as fight, fear and flight responses .

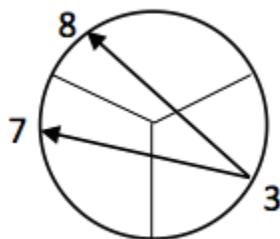
**Types 3, 7 and 8** have an "I want it, and I want it now" attitude. They assert themselves and insist on getting what they want. They are independent, make things happen, and do not let others bother them. They often do not understand the emotional impact they have on others and overstep their boundaries with relative ease.

**Types 6, 1 and 2** weigh morals and values. They feel best about themselves when they abide by their convictions. They are dedicated to rules and are reliable about following through with them. They tend to be

emotionally reactive with reasoning undeveloped.

**Types 9, 4 and 5** mediate between impulse and impulse control. They withdraw to think and use their imaginations to solve problems. They use reason and their emotions to process information while reactivity, coming to action, is undeveloped.

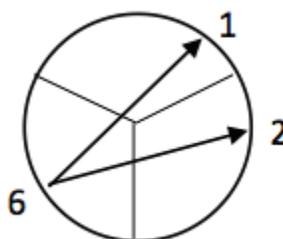
**Type 3, 7, 8**



**Id ("Fight")**

**immediate gratification**  
**"Assertive and Insistent"**

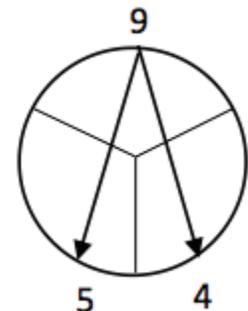
**Type 6, 1, 2**



**Super-Ego ("Fear") weighs**

**morals and values**  
**"Dedicated and Reliable"**

**Type 9, 4, 5**



**Ego ("Flight")**

**mediates gratification vs morals**  
**"Withdrawn and Imaginative"**

*The three perspectives*



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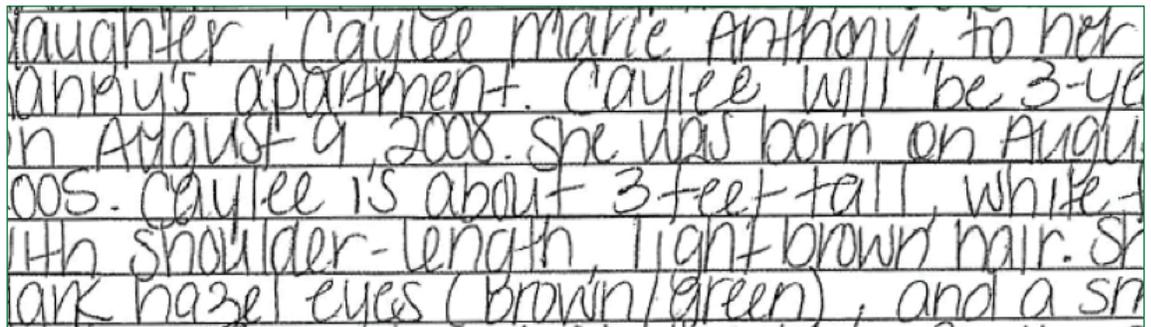
### Marcel Elfers *(continued)*

Nobody is a pure type, and everyone can function at healthy, average, or unhealthy levels. At healthy levels, we work well with others, know ourselves, and acknowledge strengths in self and others. At average levels, we fall back on what we know best. We emphasize our core needs be met and become self-oriented. At unhealthy levels, we demand our needs be met and exaggerate what we know best. Interestingly, at unhealthy levels, our behavior becomes the opposite of what we know best.

### The Assertive and Insistent Types – 3, 7, 8

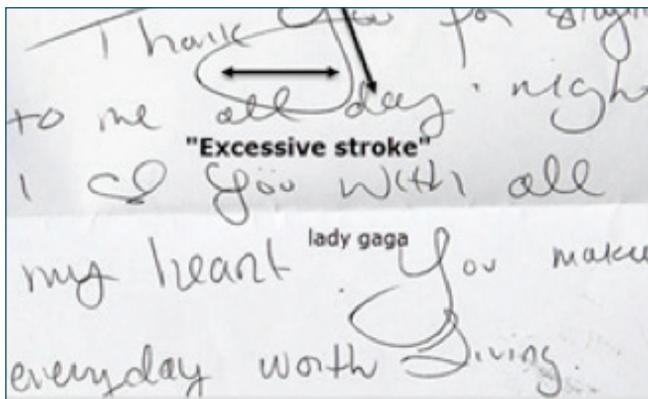
**Type Three** is the Opportunist, the Achiever. They link self-esteem to performance, and their core perspective is: I must succeed. They are image oriented and must be seen as a success. Their behavioral patterns range from ambitious (healthy), competitive (average), to exploitive, and disengaged (unhealthy). They see themselves as admirable, desirable and charming. Others may see them as opportunistic, exploitive and vindictive.

Casey Anthony, the mother acquitted of her daughter's murder, is a Type Three. Type Threes are self-promoting and will say anything to gain what they need. Their vice is deceit. Many Threes write vertically with middle zone emphasis.



**Handwriting of Casey Anthony**

**Type Seven** is the Optimist, the Enthusiast. They are spontaneous, learn to take care of themselves and get what they need. They repress their anxiety by being active. They are go-getters, seek self-gratification, work hard, and play hard. Their behavioral patterns range from satisfied (healthy), acquisitive (average), to insatiable and judgmental (unhealthy).



Sevens see themselves as fun, adventurous, and enthusiastic, yet others may see them as impulsive, scattered and compulsive.

Lady Gaga is a Seven.

**Handwriting of Lady Gaga**

**Marcel  
Elfers**  
*(continued)*



Nancy Grace is a Type Eight.

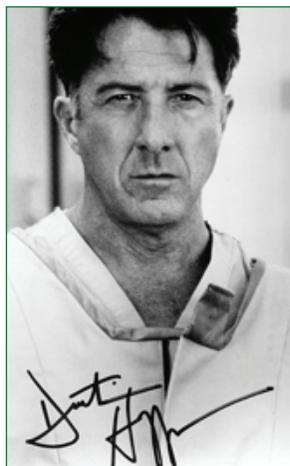
Each type wants to be appreciated for who they are and need confirmation for how they see themselves.



**Photo and handwriting of Nancy Grace**

<b>The Assertive and Insistent</b>		<b>We get what we want now. We are reactive and reasoning.</b>	
	<b>The Opportunist (3)</b>	<b>The Optimist (7)</b>	<b>The Authoritative (8)</b>
<b>Filter</b>	Do you see me as a success?	What to do next?	Who will hurt me?
<b>Intent</b>	I make things happen	I want to have fun	I protect myself by taking charge
<b>Do</b>	<ul style="list-style-type: none"> <li>• Tell me you admire me</li> <li>• Be direct, clear, concise</li> <li>• Love me for what I do</li> </ul>	<ul style="list-style-type: none"> <li>• Have fun with me</li> <li>• Enjoy my spontaneity</li> <li>• Appreciate my limitless vision</li> </ul>	<ul style="list-style-type: none"> <li>• Stand up for yourself</li> <li>• Be direct and strong</li> <li>• Share your vulnerability</li> </ul>
<b>Don't</b>	<ul style="list-style-type: none"> <li>• Be overly emotional</li> <li>• Point out my failures</li> <li>• Interrupt me when I am working</li> </ul>	<ul style="list-style-type: none"> <li>• Be clingy or needy</li> <li>• Micromanage me</li> <li>• Ask me about details</li> </ul>	<ul style="list-style-type: none"> <li>• Take my challenge personally</li> <li>• Betray my trust</li> <li>• Put me in a box</li> </ul>

**Guidelines for interactions with Types 3, 7 and 8**



**The Dedicated and Reliable Types – 6, 1, 2**

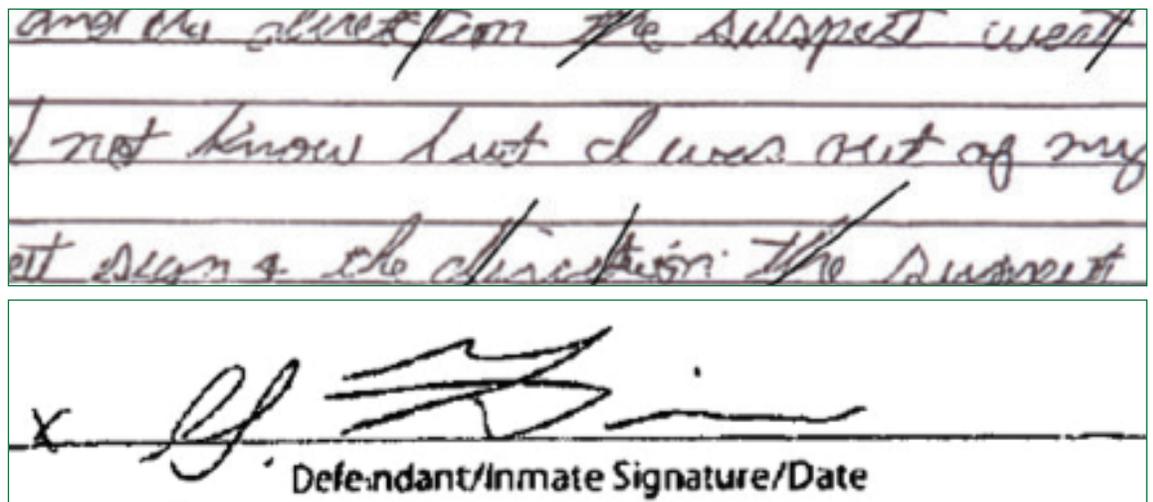
**Type Six** is the Loyalist, the Conformist. They learn to rely on others and can either comply or defy their opinions. Their behavioral patterns range from self-guiding (healthy), do what you think is best, dutiful (average), to blind obedience, vindictive (unhealthy). Sixes work hard, are loyal, have self-doubt, seek approval, test support and question everything. They see themselves as trustworthy, reliable and dependable. Others may see over-reactions, hysterics, or blind obedience. Dustin Hoffman is a Six.

**Photo and signature of Dustin Hoffman**

**Marcel  
Elfers**  
*(continued)*

**Type One** is the Reformer, the Fundamentalist. They feel it is not good to make mistakes and seek perfection in order to avoid condemnation. They learn to improve the world by correcting themselves as well as others. Behavioral patterns range from wise, reasonable, prudent (healthy), idealistic (average), to judgmental, self-tormented (unhealthy). Ones see themselves as objective and reasonable. Others see them as critical and obsessive-compulsive.

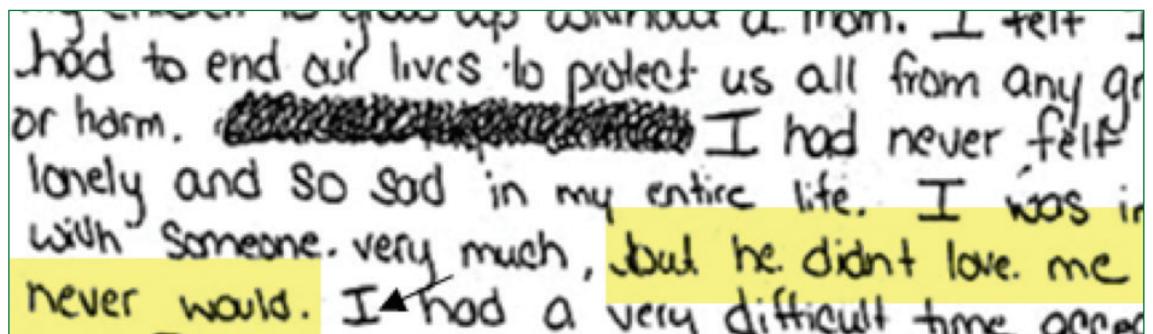
George Zimmerman is a Type One.



**Handwriting and signature of George Zimmerman**

**Type Two** is the Helper, the Altruist. They are constantly on the lookout for subtle hints so they can assist others, be good and earn appreciation. They are people oriented, warm-hearted, giving and repress their own needs. Behavioral patterns range from altruistic (healthy), make themselves needed (average), to providing unwanted help, domineering (unhealthy). Twos see themselves as loving and giving, while others may see them as sanctimonious, coercive, and as attention seeking victims.

Susan Smith, convicted of killing her children, is a Two.



**Handwriting of Susan Smith**

**Marcel  
Elfers**  
*(continued)*

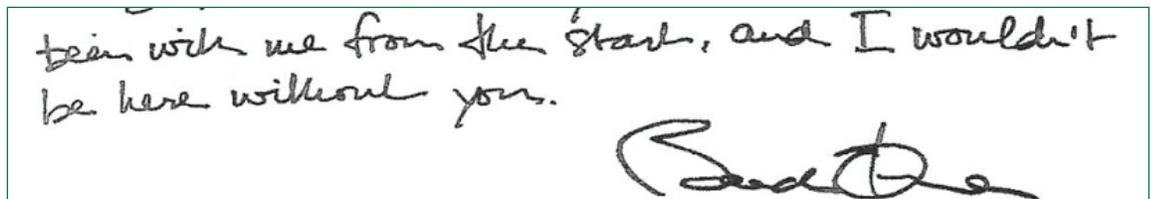
The Dedicated and Reliable		We abide by our convictions. We are emotional and reactive.	
	The Conformist (6)	The Idealist (1)	The Altruist (2)
<b>Filter</b>	Do I have your support?	Is this good, right or fair?	Do you love me?
<b>Intent</b>	I conform or defy existing rules	I want to improve things	I get you what you need
<b>Do</b>	<ul style="list-style-type: none"> <li>Set clear expectations</li> <li>Reassure me</li> <li>Help me decide</li> </ul>	<ul style="list-style-type: none"> <li>Tell me I am prudent</li> <li>Ask for my advice</li> <li>Help me enjoy life</li> </ul>	<ul style="list-style-type: none"> <li>Appreciate my efforts</li> <li>Ask me about myself</li> <li>Let me know you care</li> </ul>
<b>Don't</b>	<ul style="list-style-type: none"> <li>Overreact when I do</li> <li>Let me down</li> <li>Be ambivalent</li> </ul>	<ul style="list-style-type: none"> <li>Let me do all the work</li> <li>Question my integrity</li> <li>Tell me I am irresponsible</li> </ul>	<ul style="list-style-type: none"> <li>Take me for granted</li> <li>Be indifferent, detached, cold</li> <li>Make me feel left out</li> </ul>

**Guidelines for interactions with Types 6, 1 and 2**

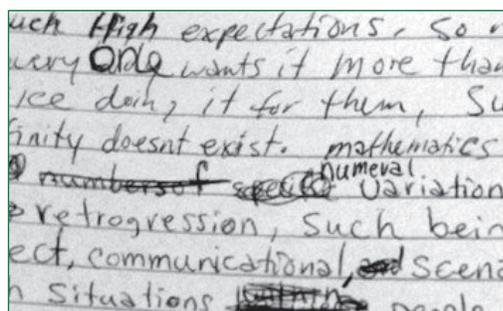
**The Withdrawn and Imaginative Types – 9, 4, 5**

**Type Nine** is the Peacekeeper, the Pacifist. They are amicable and agreeable, avoiding conflict at all costs. Their fear is to be abandoned and alone. They are positive minded, love to make people happy, and tend to keep emotional distance. Behavioral patterns range from self-expressive (healthy), passive-aggressive resistance (average), to disengaged, confrontational (unhealthy). They see themselves as peaceful, relaxed, and easy going. Others may see them as disengaged, self-denying, self-abandoning, and complacent.

President Barack Obama is a Nine.



**Handwriting of Barack Obama**



**Type Four** is the Individualist, the Pessimist. They feel others have something they don't and conclude they are different and excluded. They are fixated on finding what is missing in order to fit in. Behavioral patterns are inspirational and self-aware (healthy),

**Handwriting of Kurt Cobain**

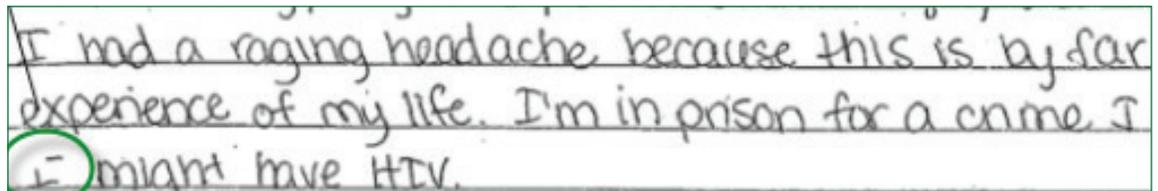
### Marcel Elfers *(continued)*

self-absorbed and self-indulgent (average), to moody, alienated and self-pitying (unhealthy). They see themselves as gentle, sensitive and different. Others may see them as imaginative, alienated, and emotionally demanding. Fours tend to walk away, withdraw, and hope they get attention by not being available. They are prone to disappointment and melancholy.

Kurt Cobain was a Four.

**Type Five** is the Investigator, the Realist. They grow up feeling their needs are not important and compensate by providing something others don't have, specialized knowledge. Behavioral patterns range from insightful and innovative (healthy), knowledgeable (average), to intellectually arrogant and or with scattered thinking (unhealthy). They see themselves as inquisitive, perceptive and informed. Others may see them as loners, quiet, aloof, preoccupied, provocative. Fives are logical and think before they speak. They tend to write with a vertical slant, shorter t-bars and with simple forms. The Five's perspective is "the world is unreasonable," and they tend to keep their distance. They will withdraw when confronted or stressed.

Amanda Knox is a Five. ■



I had a raging headache because this is by far experience of my life. I'm in prison for a crime I might have HIV.

*Handwriting of Amanda Knox*

	The Withdrawn and Imaginative		
	The Passivist (9)	The Pessimist (4)	The Realist (5)
<b>Filter</b>	Is this tolerable?	Do you understand me?	Is it true or not true?
<b>Intent</b>	I keep the peace	I want to be included	I want the facts, the truth
<b>Do</b>	<ul style="list-style-type: none"> <li>Listen to what I say</li> <li>Be patient with me</li> <li>Hug me</li> </ul>	<ul style="list-style-type: none"> <li>Appreciate me for who I am</li> <li>Share your feelings</li> <li>Accept my intuition</li> </ul>	<ul style="list-style-type: none"> <li>Listen to what I learned</li> <li>Be consistent in sharing your thoughts</li> <li>Be warm, but not sappy</li> </ul>
<b>Don't</b>	<ul style="list-style-type: none"> <li>Make me hurry</li> <li>Be confrontational</li> <li>Take advantage of my passivity</li> </ul>	<ul style="list-style-type: none"> <li>Be rude, direct and blunt</li> <li>Hide behind a mask, wall</li> <li>Tell me to get over it</li> </ul>	<ul style="list-style-type: none"> <li>Intrude or expect immediacy</li> <li>Be demanding</li> <li>Rush me</li> </ul>

*Guidelines for interactions with Types 9, 4 and 5*

# 2015 CONFERENCE SUMMARY

October 17

**Roger  
Rubin**

*Continuity  
and Form in  
Handwriting  
&*

*Understanding  
Compatibility*

*Using  
Handwriting  
Analysis*

**Roger Rubin** is past president of the National Society for Graphology. For over twenty-five years he has been a court qualified handwriting expert and handwriting analyst working with employers psychologists, and a wide variety of clients. Roger began studying graphology with Felix Klein in 1971 and had a handwriting identification apprenticeship under him.

Roger is a frequent speaker at national and international conferences and has appeared on many radio and television programs, including *Sixty Minutes*. He has also been featured in a wide variety of newspaper and magazine articles.

A prolific writer and researcher, Roger published numerous monographs. Among them are "Character Structures and Defense Mechanisms," "Aspects of Anger and Aggression As Seen in Handwriting," "Getting Under The Mask: Persona Handwriting," "The Uses and Abuses of Insecurity," "Attachments: The Effect of the Infant-Mother Bond In Handwriting," and "Narcissistic/Borderline Personalities."

**Continuity and Form in Handwriting** Roger gave a brief examination of these core elements of handwriting. He based this discussion on Renna Nezos's "42 Categories of Continuity" and Ania Teillard's six lessons on Form.

**Understanding Compatibility Using Handwriting Analysis** Roger discussed the compatibility of a number of couples, comparing their needs and expectations as seen in their handwritings. Themes that ran through the presentation were that expectations have to be realistic and that relationships require adjustment. The desire for intimacy, merging with the other, may contrast with a need to maintain one's own identity. Other insights discussed were male identity and the loss of recognition in the eyes of other men and women's identity that can be threatened by separation. What is the relative degree of emotional responsiveness? As an example, he may need to be alone, while she may need connectedness.

Among the issues of compatibility are the following: maturity, willingness to give up one's own needs when called upon, realistic views and acceptance of the other, commitment and common goals, shared problem solving, having good will in the relationship, shared values, trust, nurturing and anticipating needs, communication, intimacy and respect. Handwriting can give an understanding of these and other dynamics in a relationship.

"In a true marriage each partner is a custodian of the other's solitude."

Roger explored the elements required for individuals to have successful relationships with one another or, as the case may be, to help understand the problems in unsatisfactory relationships. These insights extend to loved ones, families, friendships, and vocations, and provide helpful insights for those who do handwriting analyses and counseling in this important area of understanding personal interactions. ■

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